Adult ADHD Self-Report Scale (ASRS-v1.1) Symptom Checklist

tient Name Today's		Date				
se answer the questions below, rating yourself on each of the criteria shown using the e on the right side of the page. As you answer each question, place an X in the box that describes how you have felt and conducted yourself over the past 6 months. Please give completed checklist to your healthcare professional to discuss during today's		Never	Rarely	Sometimes	Often	Very Often
ppointment. . How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?				-		
How often do you have difficulty getting things in order when you have to do a task that requires organization?						
3. How often do you have problems remembering appointments or obligations?						
4. When you have a task that requires a lot of thought, how often do you or delay getting started?	ı avold					
 How often do you fidget or squirm with your hands or feet when you to sit down for a long time? 	have					
6. How often do you feel overly active and compelled to do things, like you were driven by a motor?						
						Part A
 How often do you make careless mistakes when you have to work of difficult project? 	n a boring or	A COMPANY OF THE PARTY OF THE P				
8. How often do you have difficulty keeping your attention when you as or repetitive work?	re doing boring					
 How often do you have difficulty concentrating on what people say to even when they are speaking to you directly? 	o you,					
10. How often do you misplace or have difficulty finding things at home	or at work?	A second of				
11. How often are you distracted by activity or noise around you?			No. of Concession of the Conce			
12. How often do you leave your seat in meetings or other situations in you are expected to remain seated?	which					
13. How often do you feel restless or fidgety?		And the second s			10 mg/2000	
14. How often do you have difficulty unwinding and relaxing when you to yourself?	nave time					
15. How often do you find yourself talking too much when you are in s	ocial situations?					
16. When you're in a conversation, how often do you find yourself finis the sentences of the people you are talking to, before they can finis them themselves?	hing h					
17. How often do you have difficulty waiting your turn in situations wh turn taking is required?	en					
18. How often do you interrupt others when they are busy?						
						Part